

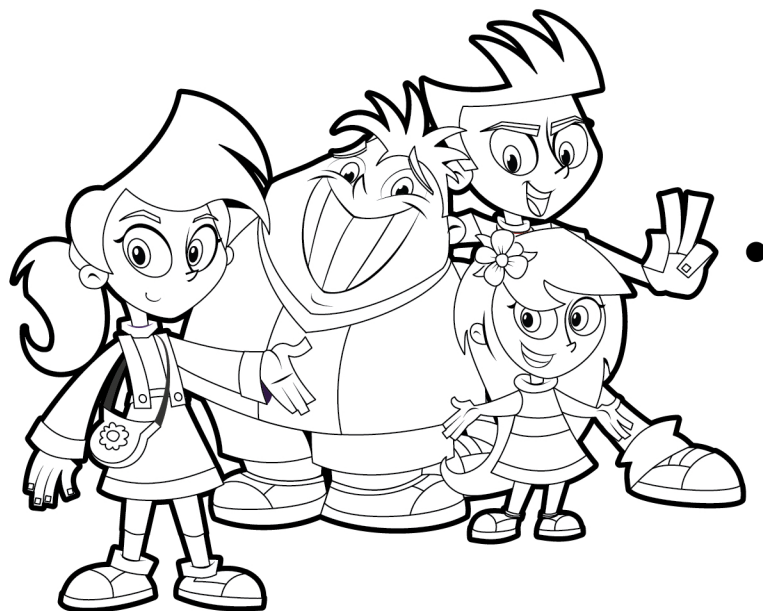
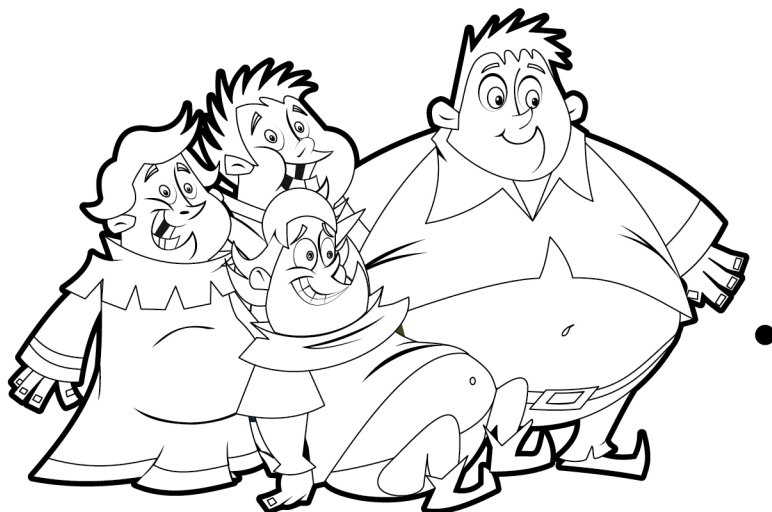
Liga os alimentos aos seus efeitos!

Sabes o que acontece quando se come muito açúcar?

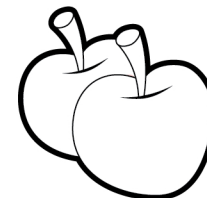
E quando se come uma fatia de pão ao pequeno-almoço?

Faz corresponder os alimentos da coluna da direita com os seus efeitos na coluna da esquerda.

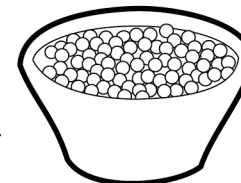
Escreve o nome de cada alimento.



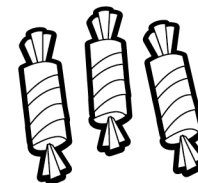
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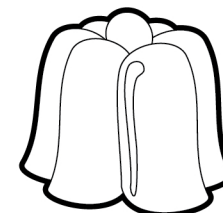
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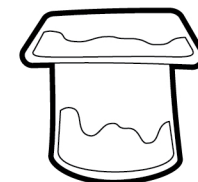
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Nome: _____